



it's all  
about

# Choices...

S | H | R | P

School of Health Related Professions

Masters in Psychiatric Rehabilitation

Masters in Rehabilitation Counseling

Ph.D. in Psychiatric Rehabilitation



**UMDNJ**  
UNIVERSITY OF MEDICINE &  
DENTISTRY OF NEW JERSEY

# Choices...

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*Students who choose UMDNJ's School of Health Related Professions want a University that is exclusively dedicated to health care, with state-of-the-art equipment, rigorous coursework, and faculty who care. All our resources go toward supporting a health care educational environment that attracts and nurtures the very best faculty and students.*

Rehabilitation Counseling and Psychiatric Rehabilitation professionals provide community services to people with disabilities and severe mental illness. They assist individuals in promoting their own recovery, empowering them to live rewarding and productive lives in the community.

In response to the increased demand for qualified individuals to deliver high quality services in these fields, UMDNJ's School of Health Related Professions (SHRP) offers graduate education in rehabilitation counseling and psychiatric rehabilitation. Our programs are offered at both the master's and doctoral level. Graduate education will enable you to pursue one or more of these goals:

- Obtain entry-level skills and abilities to begin your career in the rapidly growing professions of psychiatric rehabilitation and rehabilitation counseling.
- Advance in your career by becoming a clinical or administrative supervisor, manager, researcher, or educator.
- Enhance your professional credentials by preparing for the Certified Rehabilitation Counselor exam (CRC) and meeting the requirements to become a Licensed Rehabilitation Counselor (LRC) in New Jersey or a Certified Psychiatric Rehabilitation Practitioner (CPRP). You may also use coursework from our counseling programs as part of meeting requirements for other credentials such as the licensed professional counselor (LPC).

## Master of Science Degree in Psychiatric Rehabilitation

This 36-credit program offers two different specializations of study for the psychiatric rehabilitation professionals.

The Leadership Track seeks to prepare experienced mental health and rehabilitation professionals to become supervisors, managers, trainer/educators, and applied researchers in psychiatric rehabilitation, roles professionals with graduate degrees are often called upon to perform in the field.

The Professional Counseling Track is designed for students who are interested in careers providing clinical services to persons with severe mental illness. In the course of study for this degree, students learn the counseling knowledge and skills necessary to provide state-of-the-art services. This degree, combined with a 24 credit Post Master's Certificate in Professional Counseling, post master's supervised employment experience, and passage of the National Counseling Examination can lead to the Licensed Professional Counselor (LPC) credential in New Jersey. Students who are interested in licensure as a professional counselor are advised to contact the licensing board in the state where they wish to apply for licensure to determine specific requirements for that state.

The program is offered on both the Scotch Plains and Stratford campuses. Classes are offered in the evening to accommodate work schedules. Other opportunities include the availability of part time or full time study, matriculated and non-matriculated enrollment, a three-semester schedule, and ample parking on both campuses. In addition, you may complete your practicum or internship near your home. In some instances, they may be completed at your current job site.

The department has more than 30 clinical affiliations and has collaborative agreements with the New Jersey Division of Mental Health Services, Division of Vocational Rehabilitation and Commission for the Blind and Visually Impaired.

Master of Science in Psychiatric Rehabilitation (on-line). If you are not within commuting distance to either of our campuses, you may wish to take the Leadership Track of the M.S. in Psychiatric Rehabilitation completely on-line via the Internet. It has the same curriculum content as the on-campus program. You will have the opportunity to meet with faculty at least once at the annual conference of the United States Psychiatric Rehabilitation Association.

## Master of Science Degree in Rehabilitation Counseling

This 51-credit program is for both experienced rehabilitation professionals as well as for those interested in entering the field for the first time. Areas of study include:

Clinical and interpersonal skills to provide counseling services and advocacy for individuals with disabilities.

The medical, psychological, and vocational impact of a wide variety of disabilities including physical, psychiatric and developmental disabilities.

Work place and community accommodations that promote integration of people with disabilities in all community environments.

As part of the program, you will complete a practicum and internship. With faculty and agency approval, you may choose to complete these requirements at your current place of employment.

The Council on Rehabilitation Education (CORE) accredits the Master of Science in Rehabilitation Counseling program. As a student in a CORE-accredited program, you will be eligible to take the examination to become a Certified Rehabilitation Counselor (CRC) when you have completed 75% of the coursework. The program is also designed to enable you to meet the requirements to become a Licensed Rehabilitation Counselor (LRC) as well as most of the coursework requirements for the Licensed Professional Counselor (LPC) in New Jersey. Coursework for the LPC can be completed through the Post Master's Certificate in Rehabilitation Counseling.

## Ph.D. in Psychiatric Rehabilitation

This research-based program is designed for the experienced mental health professional who wishes to become a researcher, educator, scholar and leader in this new academic discipline and emerging profession. The program is unique in the country, in that it is the first to offer a Ph.D. specifically in psychiatric rehabilitation.

The degree requires completion of 78 post-baccalaureate credits, which includes the dissertation sequence. Graduate coursework from other universities will be considered for transfer into the program. Areas of study include research, organizations and systems, program evaluation and outcome assessment, staff training and development, psychiatric rehabilitation practice, emerging topics and other aspects of this developing field.

## Frequently Asked Questions

Q

What is the University of Medicine and Dentistry of New Jersey?

A

UMDNJ is the state university of the Health Sciences. With eight schools on five campuses across New Jersey, UMDNJ is the largest fully accredited health sciences center of its kind in the nation. It is a leader in mental health services and education, supported employment training, health professions education, health care research and patient care. SHRP's graduate programs draw on the expertise of faculty from throughout the University.

Q

What is SHRP?

A

SHRP stands for the School of Health Related Professions, one of eight schools at UMDNJ. Our specialization is two-fold: (1) preparing students for entry-level health care careers. (2) Educating health professionals for career advancement. SHRP has 37 programs at all academic levels. Many programs are offered in conjunction with one or more of our many (affiliate institutions).

Q

Why is there an increased demand for rehabilitation professionals?

A

The need for qualified individuals to work in and lead these programs has grown significantly with a positive employment outlook for qualified rehabilitation counseling and psychiatric rehabilitation professionals, both in New Jersey and nationally.

## Master of Science Degree in Psychiatric Rehabilitation

Q

Who can apply to the Master of Science in Psychiatric Rehabilitation program?

A

Individuals who have earned a bachelor's degree and are interested in careers providing clinical services to persons with severe mental illness may apply for the Professional Counseling Track. Health care professionals who have earned a bachelor's degree and have direct service experience in the field of mental health or rehabilitation may apply to the Leadership track.

Q

What will a Master's Degree in Psychiatric Rehabilitation prepare me to do?

A

The Master of Science degree will provide you with the skills and knowledge you need to provide effective, state-of-the-art Psychiatric Rehabilitation services. In addition, the Leadership Track will prepare you for positions such as administrator, supervisor, in-service trainer, and program evaluator.

Q

What does the curriculum include?

A

The 36-credit curriculum includes introductory and advanced seminars in psychiatric rehabilitation, its historical roots and its current best practices. In addition, a great deal of attention is paid to the practical skills of psychiatric rehabilitation, including their application to counseling, assessment, plan-

ning and interventions. In the Leadership Track, much of the curriculum is devoted to the leadership skills needed for advancement to administrative and supervisory positions. This includes classes in management, supervision and organizational development, as well as a firm background in the empirical basis of psychiatric rehabilitation including applied research. Coursework in the Professional Counseling Track emphasizes the theory and practice of counseling as well as specialized courses in areas such as human growth and development, group methods, and evaluation and assessment of individuals.



What is the required coursework?



You are required to take the following core and psychiatric rehabilitation specialization courses

Professional Counseling Track:

Core Courses

(9 Credits)

Counseling Techniques I

Counseling Techniques II

Vocational Rehabilitation I: Career Development

Professional Counseling Specialization

Theories of Counseling and Personality

Seminar in Psychiatric Rehabilitation

Human Growth and Development

Group Methods

Social and Cultural Diversity Issues

Evaluation and Assessment

Statistical and Research Methods

Practicum in Counseling - 3 credits

3 additional credits in Counseling Internship by advisement

Leadership Track

Psychiatric Rehabilitation Specialization

(12 credits)

Seminar in Psychiatric Rehabilitation

Program and Organizational Development

Personnel Management and Supervision

Advanced Seminar in Psychiatric Rehabilitation

Core Courses (18 Credits)  
Counseling Techniques I  
Counseling Techniques II  
Theories of Counseling and Personality  
Vocational Rehabilitation I: Career Development  
Statistical Methods  
Applied Research in Rehabilitation.

Independent Study or Thesis (3 credits)  
Choose one of the following by advisement:  
Independent Study in Psychiatric Rehabilitation,  
Clinical Practicum or Practicum in administration, supervision or  
research, or  
Thesis (designed for students with research interests and doctoral  
aspirations)

Electives (3 credits)  
Electives can be in advanced practice or by advisement depending  
upon planned practicum.  
Advanced Practice Course:  
The Family's Role in Psychiatric Rehabilitation  
Vocational Rehabilitation II: Employment  
Group Methods  
Addictions and Mental Illness

OR

By Advisement

Depending upon the planned practicum, classes may include offerings  
from Health Professions Education, Interdisciplinary Studies and  
Biomedical Informatics.

Q

If I choose to complete a practicum in administration or supervision, where does the practicum take place?

A

You may choose to complete the practicum at your current job site (if relevant) or you may choose another site near your home. A number of affiliate sites would also be willing to have you complete your practicum there.

Q

Where do I take classes?

**A**

Classes are offered at two UMDNJ sites, with convenient parking:

### Scotch Plains Campus

Located in suburban Union County, this campus is convenient to students in Northern and Central New Jersey, as well as New York.

### Stratford Campus

Located in suburban Camden County at UMDNJ's School of Osteopathic Medicine, this campus is convenient to Southern New Jersey and the Philadelphia areas.

All classes are offered in the evening to accommodate student work schedules. You may also take some or all of your classes online.

**Q**

Can I pursue my studies on a full time or part time basis?

**A**

You may pursue your studies on either a part-time or a full time basis. Classes are offered three semesters a year: fall, spring and summer. A typical 15-week class meets one day per week in the evening. Completion of the program requires attendance in the summer since some courses are only offered in the summer semester.

**Q**

Can I receive transfer credit if I have taken graduate courses at other institutions?

**A**

Yes. You may receive up to 12 transfer credits in related areas upon faculty approval. After acceptance into the program, you will complete a Transfer Evaluation Form, and program faculty will evaluate courses you completed at other institutions.

**Q**

Can I get credit for psychiatric rehabilitation experience?

**A**

Yes. Through portfolio assessment you may be granted credit for your psychiatric rehabilitation experience. Portfolio assessment is available for the Leadership Track only. Program faculty will evaluate your professional experience upon your submission of the required documentation and fees.

Q

What are the benefits of studying psychiatric rehabilitation on the Internet?

A

The Internet provides a variety of opportunities to learn collaboratively. Internet-based study for the entire degree is available for the Leadership track only. A major benefit of Internet study is that tuition for all Internet courses is charged at the in-state rate, even if you do not live in New Jersey.

Lessons and other materials are available around the clock, that is, anytime, anywhere you have access to a personal computer that has a web browser and access to the World Wide Web. This provides you with the maximum possible flexibility. Discussion topics via electronic bulletin board and e-mail allow you to share your thoughts and raise questions that will both clarify and enhance your newly acquired knowledge. Student and faculty comments are posted and can be responded to at your convenience. You submit your papers and presentations electronically, and they will be graded and returned to you electronically.

Q

If I choose to complete the Leadership Track entirely online, is there any face-to-face contact with students and faculty?

A

Yes. You will have the opportunity to meet and work directly with SHRP faculty at the annual conference of the United States Psychiatric Rehabilitation Association. You are required to attend at least one annual conference or visit the SHRP campus once annually.

Q

What computer capabilities are necessary in order to take courses online?

A

You will need access to a PC or MAC computer, the Internet, Netscape or Internet Explorer, or other JAVA enabled software and print capabilities from your computer.

**Q**

I would like to become a rehabilitation professional but do not yet have an undergraduate degree. Do you have undergraduate programs?

**A**

The Department offers degree programs at all academic levels including the associate, bachelors, masters and doctoral levels. The following programs at the undergraduate level are offered in partnership with other universities. Under these partnerships, you take specialized courses from UMDNJ and your other courses at the affiliated institution.

- Associate of Science in Psychosocial Rehabilitation jointly offered with Middlesex County College, Union County College, or Felician College
- Bachelor of Science in Psychiatric Rehabilitation jointly offered dual major program with Kean University of New Jersey and Felician College

For additional information about undergraduate programs, contact Nora Barrett, MSW, Program Director, at (908) 889-2431 or e-mail: [barretnm@umdnj.edu](mailto:barretnm@umdnj.edu).

## Special Opportunities

**Q**

Can I get a Certificate in Psychiatric Rehabilitation?

**A**

Yes. The Department offers two graduate level certificates in psychiatric rehabilitation. One is a 9-credit Graduate Certificate in Psychiatric Rehabilitation. You may want to enroll in this Certificate if you are unsure about pursuing the entire M.S. in Psychiatric Rehabilitation, or if you already have a master's degree. Courses completed with a grade of "C" or better may be applied to the M.S. in Psychiatric Rehabilitation degree program.

The Post Master's Certificate in Professional Counseling is designed for individuals who have a master's degree in counseling, either from UMDNJ or from another university, and wish to complete additional specialized coursework, either to

improve their clinical skills or to enhance their professional credentials. This Certificate requires completion of a maximum of 24 credits beyond the master's degree. Specific courses are chosen by advisement. Completion of this certificate can help to meet the coursework requirements for credentials such as establishing eligibility to sit for the National Counselor Examination (NCE) for the National Certified Counselor (NCC) credential and for licensing as a professional counselor. It remains the responsibility of the student to contact the credentialing organization directly regarding all requirements for the desired credentials. Students interested in licensed professional counselor credentials are advised to contact the licensing board in the state where they wish to be licensed to check on requirements in that state to be eligible for licensure.

The Certificates are offered through UMDNJ's Center for Advanced and Continuing Education (CACE). For more information about Certificates, call 908-889-2560 or visit the CACE web site at

<http://www.umdj.edu/ccweb/caceweb/cacefram.html>

Q

Does the Master of Science Degree in Psychiatric Rehabilitation prepare me for any professional credentials?

A

Upon graduation from the program, you will be eligible to sit for the Certified Psychiatric Rehabilitation Practitioner (CPRP) examination, administered by the United States Psychiatric Rehabilitation Association (USPRA). For more information, visit the web site at <http://www.iapsrs.org>

The Professional Counseling track degree can be used to start preparation for the licensing professional counselor. Students wishing to seek this credential will need to complete additional course work, which can be done through the Post Master's Certificate in Professional Counseling. Other requirements for this credential include achieving a passing score on the National Counselor Examination (NCE) and supervised post-master's work experience.

**Q** Can I satisfy my recertification requirements for the Certified Psychiatric Rehabilitation Practitioner by taking Department psychiatric rehabilitation courses?

**A** Yes. The USPRA will accept Department graduate courses as fulfilling its recertification requirements.

**Q** What if I want to enroll in the Department's Ph.D. Program when I graduate?

**A** All courses completed for the Master of Science in Psychiatric Rehabilitation program with a C average or better may be applied towards transfer if you are accepted to the Ph.D. in Psychiatric Rehabilitation program.

## To Learn More

To learn more about the Master of Science Degree in Psychiatric Rehabilitation Leadership Track, contact the Program Director, Dr. Carlos Pratt, at 908-889-2461 or by e-mail at [pratt@umdnj.edu](mailto:pratt@umdnj.edu). To learn more about the Professional Counseling Track, contact Dr. Janice Oursler at 908-889-2462 or by e-mail at [ourslejd@umdnj.edu](mailto:ourslejd@umdnj.edu). You may also want to visit our web site at <http://shrp.umdnj.edu> and click on catalog and graduate programs.

## Master of Science in Rehabilitation Counseling

**Q** Who can apply to the Master of Science in Rehabilitation Counseling program?

**A** Any individual who has earned a bachelor's degree may apply to the program. While many applicants have degrees in psychology, sociology or a related field, this is not a requirement. Many experienced rehabilitation counseling professionals seeking to enhance their professional credentials also apply to the program.

**Q** What will a Master's Degree in Rehabilitation Counseling prepare me to do?

A

The program will prepare you to work with individuals who have physical, emotional or developmental disabilities. Rehabilitation Counselors work in a wide range of positions in both community -based rehabilitation agencies and state government agencies, such as the New Jersey Division of Vocational Rehabilitation Services and the New Jersey Commission for the Blind and Visually Impaired.

You may also use electives to help prepare for other professional roles such as program administrator, supervisor of professional and paraprofessional staff, or in-service teacher of vocational rehabilitation.

Q

What does the curriculum include?

A

The 51-credit curriculum is designed to educate students through a combination of exposure to the knowledge base of the rehabilitation counseling field, current research and research methods, and supervised clinical experience. The curriculum includes the important knowledge and skill areas for seeking either the Certified Rehabilitation Counselor (CRC) credential or New Jersey's Licensed Rehabilitation Counselor (LRC) credential.

Q

What is the required coursework?

A

You are required to take the following core and rehabilitation counseling specialization courses:

Core Courses	(6 credits)
Counseling Techniques I	
Vocational Rehabilitation I -Career Development	

Rehabilitation Counseling Specialization	(30 credits)
Foundations of Counseling	
Theories of Counseling and Personality	
Human Growth and Development	
Psychosocial Aspects of Disability	
Medical Aspects of Disabilities	

Vocational Rehabilitation II: Employment  
Evaluation and Assessment  
Group Methods  
Rehabilitation Services and Resources  
Social and Cultural Diversity Issues  
Statistical and Research Methods

Clinical Practice (9 credits)  
Practicum in Counseling  
Internship in Counseling

Elective (3 credits)  
The elective may be selected from graduate level courses in advanced practice or management and supervision such as:

Seminar in Principles and Practices of Psychiatric  
Rehabilitation  
Counseling Techniques II  
Addictions and Mental Illness  
Developmental Disabilities  
Management and Supervision  
Program and Organizational Development in Psychiatric  
Rehabilitation  
Independent Living Approaches  
Family's Role in Rehabilitation  
Case Management and Assertive Community Treatment

By advisement, you may take an elective from graduate courses offered by other departments, such as Health Professions Education or Biomedical Informatics. Examples include:

- Teaching in the Health Professions
- Health Care Information Systems

Q

What are the practicum and internship requirements?

A

The 3-credit practicum in rehabilitation counseling consists of a minimum of 100 hours of supervised field-based experience.

The 6-credit internship consists of a minimum of 600 hours of supervised practice in rehabilitation counseling. Both are supervised by Certified Rehabilitation Counselors.

During the practicum and internship, you will attend weekly individual and group supervision sessions for case presentations and discussion of issues related to professional development. You must complete the practicum before you enroll in the internship. Detailed information about the practicum and the internship may be found in Handbooks available in the Department Office on the Scotch Plains campus, or by calling 908-889-2453.

Q

Where do the practicum and internship take place?

A

The practicum and internship take place in an approved rehabilitation agency or facility. If you are employed in an agency providing rehabilitation counseling services, you may complete these requirements in that agency upon faculty approval.

Q

Where do I take classes?

A

Classes are offered at two UMDNJ sites, with convenient parking:

### Scotch Plains Campus

Located in suburban Union County, this campus is convenient to students in Northern and Central New Jersey, as well as New York.

### Stratford Campus

Located in suburban Camden County at UMDNJ's School of Osteopathic Medicine, this campus is convenient to Southern New Jersey and the Philadelphia areas.

Classes are offered in the afternoon and the evening to accommodate student work schedules.

Q

Can I pursue my studies on a full time or part time basis?

A

You may pursue your studies on either a part-time or a full time basis. Classes are offered three semesters a year: fall, spring and summer. A typical 15-week class meets once per week. Completion of the program requires attendance in the summer since certain courses are only offered in the summer semester.

Q

Can I receive transfer credit if I have taken graduate courses at other institutions?

A

Yes. You may receive up to 15 transfer credits for courses that fulfill the degree requirements. After acceptance into the program, you will complete a Transfer Evaluation Form, and program faculty will evaluate your courses completed at other institutions.

Q

Can I get credit for my rehabilitation counseling experience?

A

No. At present, there is no arrangement to grant credit for previous rehabilitation counseling experience.

## Special Opportunities

Does the Master of Science Degree in Rehabilitation Counseling prepare me for any professional credentials?

Yes. The Council on Rehabilitation Education (CORE) accredits the Master of Science in Rehabilitation Counseling program. Upon completion of 75% of the program, you may apply for and take the examination to become a Certified Rehabilitation Counselor (CRC) through the Commission on Rehabilitation Counselor Certification (CRCC). Additional information about the CRC examination may be obtained from the CRCC at [www.crccertification.com](http://www.crccertification.com).

New Jersey provides for licensing of Rehabilitation Counselors. The M.S. in Rehabilitation Counseling curricu-

lum has been designed to meet the educational criteria for this license. Additional information about the Licensed Rehabilitation Counselor (LRC) credential can be obtained from the New Jersey State Board of Marriage and Family Therapy Examiners, Professional Counselors Examiners Committee, P.O. Box 45044, Newark, New Jersey 07101.

You will also be qualified to apply for other types of credentials, such as the Certified Psychiatric Rehabilitation Practitioner (CPRP) available through the United States Association of Psychosocial Rehabilitation Services (IAPSRs). For more information, visit the IAPSRs web site at <http://www.iapsrs.org/>

With additional coursework plus meeting other requirements including achieving a passing score on the National Counselor Examination (NCE) and supervised post-master's work experience, you may be eligible for the licensed professional counselor credential. Additional coursework needed for this credential may be completed through the Post Master's Certificate in Rehabilitation Counseling, which is described in the following Q and A. Specific information about state licensure is available from the New Jersey State Board of Marriage and Family Therapy Examiners at [www.state.nj.us/lps/ca/medical.htm](http://www.state.nj.us/lps/ca/medical.htm), and the specific New Jersey Statute (N.J.S.A. 45:8B-34) can be reviewed at: New Jersey Legislature [www.njleg.state.nj.us](http://www.njleg.state.nj.us). Information about requirements for the NCE is available from the National Board of Certified Counselors (NBCC) at [www.nbcc.org](http://www.nbcc.org). It remains the responsibility of the student to contact the credentialing organization directly regarding all requirements for the desired credentials. Students interested in licensed professional counselor credentials are advised to contact the licensing board in the state where they wish to be licensed to check on requirements in that state to be eligible for licensure.

Q

Can I get a Certificate in Rehabilitation Counseling?

A

Yes. The Department offers two graduate Certificates in Rehabilitation Counseling:

**Post Bachelor's Certificate** - This certificate is designed for students who have a bachelor's degree and are interested in taking selected courses but who do not wish to enroll in the full master's degree. The Certificate requires completion of four courses. Courses passed with a grade of "C" or better may be applied to your degree if you decide to pursue the full master's program.

**Post Master's Certificate in Rehabilitation Counseling** - This certificate is designed for individuals who have a master's degree in counseling, either from UMDNJ or from another university, and wish to complete additional specialized coursework in rehabilitation counseling either to enhance their professional credentials or to meet selected course work requirements for professional credentials. Specific courses for the Certificate are selected by advisement. A minimum of 9 credits is required to complete this Certificate.

Both Certificates are offered through UMDNJ's Center for Advanced and Continuing Education (CACE). Courses completed with a grade of "C" or better may be applied to the Master of Science in Rehabilitation Counseling degree program. For more information about the Certificate programs, please call 908-889-2560 or visit the CACE web site at <http://www.umdnj.edu/ccweb/caceweb/cacefram.html>

Q

Are there any special financial aid opportunities related to this course of study?

A

Yes. Tuition support is available for a limited number of matriculated students under a federal grant from the Rehabilitation Services Administration (RSA). You may attend either full time or part time while receiving tuition support. RSA does require a work payback period in rehabilitation counseling as part of accepting tuition support under this program. Employment in most rehabilitation settings qualifies in fulfilling the payback agreement. Please contact the Program Director, Dr. Janice Oursler, at (908) 889-2462 for additional information.

**Q**

Can I satisfy my re-certification requirements by taking a Department Rehabilitation Counseling course?

**A**

Yes. Relevant courses in rehabilitation counseling may be used to satisfy continuing education requirements for Certified Rehabilitation Counselors (CRC). You should check the requirements of the Commission on Rehabilitation Counselor Certification (CRCC) regarding certification renewal before selecting courses. Additional information about CRC renewal requirements is available at [www.crccertification.com](http://www.crccertification.com). Courses for recertification may be taken on either a matriculated or non-matriculated basis. USpra will accept appropriate Department graduate courses as fulfilling its recertification requirements for the CPRP.

## To Learn More

To learn more about the Master of Science Degree in Rehabilitation Counseling, contact the Program Director, Dr. Janice Oursler, at 908-889-2462 or by e-mail at [ourslejd@umdnj.edu](mailto:ourslejd@umdnj.edu). You may also want to visit our web site at <http://shrp.umdnj.edu> and click on catalog and graduate programs.

## Ph.D. in Psychiatric Rehabilitation

**Q**

Who can apply to the Ph.D. Degree in Psychiatric Rehabilitation program?

**A**

The following individuals may apply to the program: All mental health care professionals with (1) an earned bachelor's degree; and (2) significant psychiatric rehabilitation experience or experience in a related mental health field such as rehabilitation counseling, development disabilities, addictions counseling, or social work.

**Q**

What will a Ph.D. Degree in Psychiatric Rehabilitation prepare me to do?

**A**

The program is designed to prepare researchers, educators,

administrators and scholars in the field of psychiatric rehabilitation.

Q

What does the curriculum include?

A

The curriculum emphasizes research and statistical methods, management, supervision and organizational development, psychiatric rehabilitation methods, and teaching at the post-secondary level. A strong emphasis is placed on practical applications of knowledge and skills in seminars as well as in teaching and research practicum settings. Each accepted student will have an assigned advisor/mentor. Your dissertation must be original empirical research, and you must defend it orally.

Q

What is the required coursework?

A

The degree requires successful completion of a minimum of 76 post-baccalaureate credits including the dissertation sequence and a comprehensive candidacy examination. You are required to take the following course work. All courses are 3 credits.

Research (Choose 15 credits)

Statistical Methods for the Social Sciences

Applied Research in Rehabilitation

Tests and Measurements

Multivariate Statistics

Evaluation Research

Health Care Decision Support Systems

Organizations and Systems (Choose 6 credits)

Program and Organizational Development

Personnel Management and Supervision

Health Services Issues and Trends

Strategic Planning for Health Care and Health Professional Education

Health Care Policy and Planning

Health Care Marketing and Financial Planning

Grantsmanship for Health Care Services and Education

Rehabilitation Methods (12 credits)  
Counseling Techniques I  
Vocational Rehabilitation I: Career Development  
Counseling Techniques II  
Vocational Rehabilitation II: Employment

Ethics and Law (Choose 3 credits)  
Professional Values and Health Care Ethics  
Mental Health and the Law  
Teaching (Choose 6 credits)  
Teaching in the Health Professions  
Curriculum Development in Health Profession Education  
Independent Study in Psychiatric Rehabilitation

Research Practicum (Choose 3 credits)  
Independent Study in Psychiatric Rehabilitation  
Practicum

Dissertation Sequence (12 credits)  
Dissertation Seminar I  
Dissertation Seminar II  
Dissertation Research  
Dissertation Writing

Seminars (Choose 9 credits)  
Seminar in Psychiatric Rehabilitation  
Advanced Seminar  
Advanced Doctoral Seminar I  
Advanced Doctoral Seminar II

Electives (12 credits)  
By advisement and as related to the area of specialization

Q

If I choose to complete a practicum, where does it take place?

A

You may complete the practicum at your current job site (if relevant) or you may choose a site locally near your home. Also, you may select any of the clinical sites associated with the Department. Some practica may be completed at the School of Health Related Professions

Q

Where do I take classes?

A

All doctoral level classes are offered at the Scotch Plains Campus in the evenings, allowing students to remain professionally active. Masters level courses that are required for the Ph.D. degree are also offered at the Stratford campus or over the Web.

Q

When do I take the Comprehensive Candidacy Examination?

A

You are required to take the comprehensive candidacy examination after completing 36 core credits.

Q

Can I pursue my studies on a full time or part time basis?

A

You may pursue your studies on either a part-time or full time basis. Classes are offered three semesters a year: fall, spring and summer. A typical 15-week class meets one day per week. Completion of the program requires attendance in the summer since certain courses are offered only in the summer semester.

Q

Can I receive transfer credit if I have taken graduate courses at other institutions?

A

Yes. You may receive transfer credits from another institution upon faculty approval. After acceptance into the program, you will complete a Transfer Evaluation Form, and program faculty will evaluate your courses completed at other institutions.

Q

Can I get credit for my psychiatric rehabilitation experience?

A

Yes. Through portfolio assessment you may be granted credit for your psychiatric rehabilitation experience. Program faculty will evaluate your professional experience upon your submission of the required documentation and fees.

## To Learn More

To learn more about the Ph.D. Degree in Psychiatric Rehabilitation program, contact the Program Director Dr. Carlos Pratt, at 908-889-2461 or by e-mail at [pratt@umdnj.edu](mailto:pratt@umdnj.edu). You may also want to visit our web site at <http://shrp.umdnj.edu> and click on catalog and graduate programs.

## Admission/Registration

**Q** Where do I apply for admission?

**A** UMDNJ, School of Health Related Professions, Office of Enrollment Services, 65 Bergen Street, Room 149, Newark, NJ 07107-3001 (973) 972-5454.

**Q** What is the application deadline?

**A** The application and all supporting documents must be received by June 15 for the fall term; November 15 for the spring term; and April 15 for the summer term.

**Q** What supporting documents are required to be submitted for admission?

**Master of Science in Psychiatric Rehabilitation (Both tracks):** An official transcript of your bachelor's degree, a personal statement describing experiences and goals as related to psychiatric rehabilitation and two letters of recommendation.

**Master of Science in Rehabilitation Counseling:** An official transcript of your bachelor's degree, a written statement describing your experiences and goals as related to rehabilitation counseling and two letters of recommendation.

**Ph.D. in Psychiatric Rehabilitation:** An official transcript of your bachelor's degree, a written statement outlining your reason for pursuing this degree and your future professional plans, Graduate Record Examination (GRE) Verbal,

Quantitative and Analytic Writing scores (within the last five years) and three letters of recommendation.

**Q** Is a personal interview required?

**A** Yes. A personal interview is required for admission to all programs. Students applying for the on-line program who live outside the New Jersey area will be interviewed by telephone.

**Q** Are there any other admissions requirements?

**A** Since SHRP offers Web courses and since access to the statewide library system is via the Web, you are required to be computer literate upon enrollment in the program. Although not a prerequisite for admission, all students will have to gain a working familiarity with the use of word processing, an Internet browser, and e-mail.

**Q** What is the admission selection process?

**A** Selection is a competitive process that is the responsibility of the faculty. Decisions are based on a composite of the applicant's overall professional and academic ability. UMDNJ is committed to a policy of equal opportunity without regard to race, color, creed, religion, sex, sexual orientation, national origin, age, physical or mental handicap, military status, marital status, or other factors prohibited by laws. This is the governing principle in student admissions. The University recognizes the value of diversity and is committed to providing appropriate support to its student body. The Disability Compliance Coordinator may be reached at 973-972-8594.

**Q** When do I register?

**A** Before the beginning of each semester, SHRP holds a registration period. These dates change each semester. Registration deadlines, tuition and fee charges are available by going to <http://shrp.umdj.edu/index.htm> and clicking on Course Schedule

**Q**

How do I register?

**A**

Our registration procedures are constantly updated to provide you with the most efficient way to register for courses at SHRP. For current registration procedures, please follow the registration links at our web site, <http://shrp.umdnj.edu/index.htm>

**Q**

Can I take course work before acceptance into the program?

**A**

As a non-matriculated student, you can take up to 12 credits of course work at SHRP which can be applied toward a degree. Taking course work as a non-matriculated student does not guarantee admission into any SHRP program.

**Q**

Who can I contact for additional information about non-matriculated status?

**A**

Contact the program director first. The Program Director for the M.S. in Psychiatric Rehabilitation Leadership Track and Ph.D. in Psychiatric Rehabilitation is Dr. Pratt. The Program Director for the M.S. Rehabilitation Counseling and the M.S. in Psychiatric Rehabilitation Professional Counseling Track is Dr. Oursler. Then register through the Center for Advanced and Continuing Education (CACE). For additional information about any Certificate program, contact Miriam Gill at (908) 889-2563 or by e-mail at [gillmt@umdnj.edu](mailto:gillmt@umdnj.edu). You may also wish to call the CACE office at 908-889-2560 or visit their web site at <http://shrp.umdnj.edu/online/registration/index.htm>.

## Tuition/Financial Aid

**Q**

How much will I pay for tuition and fees?

**A**

The UMDNJ Board of Trustees approves tuition and fees on an annual basis. For current tuition and fees, go to <http://shrp.umdnj.edu> and click on Registrar and then Tuition and Fees. Tuition for online courses is at the in-state rate even if you do not live in New Jersey. You are also required to have health insurance or prove that you have comparable

insurance. For information about health insurance, go to <http://shrp.umdj.edu> and click on

**Q** Is financial aid available?

**A** Financial aid is available for students enrolled as matriculated students in graduate degree programs. Contact the Financial Aid Office at (973) 972-4376 or visit their web site at <http://www3.umdj.edu/faidweb/index.htm>. For information about scholarships available through SHRP, go to <http://shrp.umdj.edu> and click on Admissions and then Scholarships.

Tuition assistance for a limited number of matriculated students in the Master of Science in Rehabilitation Counseling program may be available under a federal grant from the Rehabilitation Services Administration (RSA). Contact the Program Director, Dr. Janice Oursler, for additional information.

## Mission and Program Philosophy Statements

**Q** What is the mission of UMDNJ?

**A** The University's mission is to promote professional standards of excellence among students and health care professional by meeting the health needs of New Jersey citizens through the coordination of education, research and community service.

**Q** What is the philosophy of the Department's graduate programs?

**A** The faculty affirms its commitment to rehabilitation counseling and psychiatric rehabilitation as an effective process to assist individuals with disabilities to choose, get and keep roles they value in the community. Among the roles individuals are interested in attaining and maintaining are worker, student, independent community resident, and member of a social network. Through the practice of these two profes-

sions, the process of finding or renewing purpose and meaning in life is enhanced as individuals with disabilities gain or regain roles that they prefer and value in the community.

Helping professionals must be prepared to work in a variety of settings such as government agencies, hospitals and community agencies. To accomplish this, students need a broad knowledge of the field of counseling including theory, research, ethical practices and decision-making, as well as a well-developed set of interpersonal and professional counseling skills. The curriculum is designed to educate students through a combination of exposure to the knowledge base of the field, current research and research methods, and supervised clinical experience.

As professionals, our students and graduates have extensive contact with other helping professionals, paraprofessionals, and self-help groups. The faculty is committed to the development of professionals who can work competently, creatively and collaboratively with individuals from a variety of backgrounds. As part of accomplishing this, students are encouraged to learn about existing community resources for assisting individuals with disabilities and make maximum use of them.

Our students and graduates are prepared to work with the wider environment as advocates and change agents. They also need to be proficient in interacting with the environment to negotiate and, if needed, modify the environment in the interests of providing services to their clients.

Faculty members seek to promote an open environment for the consideration and discussion of a wide variety of theories and points of view. As part of this orientation, information and methodology from a range of disciplines are presented and discussed. In promoting understanding of the complexity of human behavior, all the behavioral and social sciences need to be considered. Key tenets emphasized in the academic programs include active involvement of the individual in rehabili-

tation, striving for behavioral improvement in the environment of need as a critical outcome, and a primary focus on improving competency. The uniqueness of the individual is also emphasized with choice identified as a central value. Therefore, services are individualized for the needs and preferences of each client with a focus on the identification and use of personal strengths.

The faculty encourages applications from individuals from diverse backgrounds who are interested in studying a challenging curriculum based on widely accepted expertise, empirical findings, and best practices. We recognize the need for diversity in the field of rehabilitation counseling to serve a diversified and varied population of clients and welcome applications from a wide variety of personal, social, ethnic, cultural and educational backgrounds.

Q

What is the mission of the Master of Science in Psychiatric Rehabilitation program?

A

The program's mission is to provide psychiatric rehabilitation professionals with the skills, knowledge and abilities to provide state-of-the-art services to persons with severe mental illness. Effective psychiatric rehabilitation professionals and services promote recovery, improved quality of life and community integration. In addition, program graduates are prepared to take on a wide gamut of leadership roles as well as effectively advocate for improved services and community acceptance.

Q

What is the mission of the Master of Science in Rehabilitation Counseling program?

A

The program's mission is to educate individuals to be socially responsible professionals who will work competently, creatively and collaboratively in the field of rehabilitation counseling so that people with disabilities are empowered to pursue career and other related goals with success and satisfaction.

We also seek to address New Jersey's ongoing needs to prepare professionals in vocational rehabilitation and psychiatric rehabilitation counseling to provide community-based services for people with disabilities of all types, including physical, psychiatric and developmental. Current objectives for the Master of Science in Rehabilitation Counseling are included in the Student Handbook, which may be obtained by calling the Department Office at (908) 889-2543.

Q

What is the mission of the Ph.D. in Psychiatric Rehabilitation Program?

A

The program's mission is to educate doctoral level psychiatric rehabilitation professionals who will provide leadership in the areas of research, education, administration, and supervision. As the psychiatric rehabilitation knowledge base grows there is an increasing need for qualified scholars and researchers, the program is designed to help meet this need. Aspiring researchers, faculty, and other types of leaders should consider this degree

## Accreditation

The Commission on Higher Education of the Middle States Association of Colleges and Schools accredits the SHRP graduate programs in Psychiatric Rehabilitation and Rehabilitation Counseling.

The Council on Rehabilitation Education (CORE) accredits the M.S. in Rehabilitation Counseling.



UMDNJ

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