

## TRAINING LOCATION INFORMATION

### Family Service Association—Absecon Office

312 E. White Horse Pike  
Absecon Highlands, NJ 08201  
(609) 652-1600

### Atlantic Cape Community College

1535 Bacharach Blvd.  
Atlantic City, NJ 08400

### Atlantic County Library

**Mays Landing Branch**  
40 Farragut Avenue  
Mays Landing, NJ 08330  
(609) 625-2776

### \*\*Gloucester County College\*\* NEW LOCATION!

1400 Tanyard Road  
Sewell, NJ 08080-4222  
(856) 468-5000

### Mercer County Library

**Lawrenceville Branch**  
2751 Brunswick Pike  
Lawrenceville, NJ 08648  
(609) 882-0645

### West Windsor Branch

333 North Post Road  
West Windsor, NJ 08550  
(609) 275-8901

For more information, visit our website at

[www.shrp.umdj.edu/smi](http://www.shrp.umdj.edu/smi)

or contact: Debbie Rich at (908) 889-2430 or [richd1@umdj.edu](mailto:richd1@umdj.edu)

There is no fee required for these trainings, however, seating is limited so pre-registration is REQUIRED. Registration for all events is fast and easy. Just telephone, email, or fax us the registration information at least two weeks prior to the training you wish to attend. You may register for as many trainings as you wish. If you are unable to attend a training for which you have registered, kindly provide two weeks notice or send a substitute. **Registered participants will be notified in advance of any changes or cancellations via email or phone. Unless otherwise noted, lunch is on your own for all sessions.**

Funding for these trainings is provided by the  
NJ Department of Human Services, Division of Mental Health Services

# Integrated Employment Institute

Fall 2009

Training

Catalogue

[www.shrp.umdj.edu/smi](http://www.shrp.umdj.edu/smi)



**SCHOOL OF HEALTH  
RELATED PROFESSIONS**

University of Medicine & Dentistry of New Jersey

Department of Psychiatric Rehabilitation & Counseling Professions

# Integrated Employment Institute 2009 Fall Training Series

## Partial Care Prevocational Training Series

The Integrated Employment Institute (UMDNJ) and the Career Connection Employment Resource Institute (MHANJ) have jointly developed a training curriculum that meets the staff training requirement set forth in the NJ regulations for partial care settings regarding the delivery of prevocational services. Individuals working in the partial care setting should attend these sessions in the order in which they are scheduled. The complete series comprises a total of 12 modules. This semester we will offer the two prerequisite sessions (F1 and F2) as well as modules S1-S3 and P1.

### Module F1: Work and Recovery

Examine the importance of recovery, the relationship of work and recovery, and empowerment strategies that promote work. Learn information to counter common myths about work and mental illness, and examine the benefits and barriers of returning to work.

Time: 10:00 am—5:00 pm

September 29, 2009 Mays Landing: Atlantic County Library

### Module F2: Entitlements and Work

Overview of the definition of disability according to SSA guidelines and distinguish between Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI). In addition, learn how work may impact SSDI and SSI recipients' benefits.

Time: 10:00 am—1:00 pm

October 6, 2009 West Windsor: Mercer County Library

### Module S1: Supporting Employment: Readiness Assessment & Development (Building Self Efficacy & Outcome Expectation)

Address the assessment and development of employment readiness. Includes discussion on motivation & vocational maturity as well as activities that promote readiness.

Time: 10:00 am—4:00 pm

October 15, 2009 Atlantic City: Atlantic Cape Community College

### Module S2: Recovery Planning & Employment Goals

Overview of how to identify the factors to consider before writing goals, including the concept that goals can and will change over time. Learn to include consumers as an integral part of identifying the information that should be included in the overall recovery planning.

Time: 10:00 am—1:00 pm

November 5, 2009 West Windsor: Mercer County Library

### Introduction to the Wellness Recovery Action Plan (WRAP)

WRAP is an individualized, self-directed monitoring tool developed by persons in recovery to promote empowerment and recovery. A structured plan for monitoring distressing and troubling symptoms and experiences, WRAP helps individuals develop strategies (action plans) to deal more effectively with these experiences and design a plan for maintaining wellness. This session will introduce the key concepts of mental health recovery as described by Mary Ellen Copeland, and the use of WRAP in achieving employment and/or education goals.

Time: 10:00am—4:00pm

September 23, 2009 Sewell: Gloucester County College\*

\*Please note this is a new location.

November 19, 2009 Atlantic City: Atlantic Cape Community College\*

### **Coming Soon to IEI - Web-based Training**

Next semester (winter/spring 2010), we will be introducing web-based training to our IEI training calendar. To start, we will offer two sessions. The first will be in the partial care series, F1 – Work and Recovery. When you register, you will receive a link to access the on-line course. You will also be sent a post-test and a session evaluation form, both of which need to be completed and returned to receive acknowledgement for completing the online course.

The second session, Assessing and Developing Employment Readiness (Building Self-efficacy and Outcome Expectation), will consist of two parts. Part one will be an enhanced on-line didactic lesson introducing the concept of readiness, readiness factors, the readiness assessment tool, and demonstrations of the use of the tool with persons in recovery. This online session will be a pre-requisite to attend the in-class session. Part two, or the in-class session, will focus on skill building. It will provide trainees the opportunity to practice using the assessment tool and receive feedback on their performance.

**For more information on sessions or directions to training locations please visit our website at**

**[www.shrp.umdj.edu/smi](http://www.shrp.umdj.edu/smi)**

**and click on View the Integrated Employment Institute Current 2009 Training Calendar.**

# Integrated Employment Institute 2009 Fall Training Series

## Follow-up Session on Assessing & Developing Employment Readiness

### (Building Self-efficacy and Outcome Expectation)

In addition to the session scheduled on the previous page, faculty in the Integrated Employment Institute will also host a follow-up session December 3rd. This session is open to staff who have attended the readiness session. It is designed to provide an opportunity to discuss challenges experienced in integrating readiness assessment into programs, brainstorm readiness development strategies and interventions, and to receive additional practice and feedback on conducting readiness assessments.

Time: 10:00am—3:30pm

December 2, 2009                      Sewell: Gloucester County College\*

\*Please note this is a new location.

## Creating a Mental Health Friendly Work Environment

Mental illnesses are surprisingly common – they affect almost every American family. Research suggests that nearly a quarter of the U.S. workforce (28 million workers ages 18-54) experience a mental health or substance use disorder. The most prevalent illnesses in the workplace include alcohol abuse/dependence, major depression, and social anxiety disorder. This presentation, directed toward employers and employment support agencies, will address the impact of creating a mental health friendly workplace on the well being of employees and the larger organization. Resources and implementation techniques will be discussed to address increasing productivity and motivation, reducing absenteeism, loyalty and retention of valued employees, and improved workplace relations.

Time: 9:00am—12:00pm

November 18, 2009                      Sewell: Gloucester County College\*

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## Module S3: Career Planning & Development

This two-part (12 hour) session will explore employment development from a career-oriented perspective in order to assist people in achieving productive job matches. It will include approaches to facilitate the process for people who are determining their values, interests, preferences, and in increasing their knowledge of the work world. **\*Sign up for both dates—2-part training\***

Time: 10:00 am—5:00 pm

December 1, 2009                      Part 1 Lawrenceville: Mercer County Library

December 10, 2009                      Part 2 West Windsor: Mercer County Library

## Module P1: Co-Occurring Disorders and Employment (MICA)

Explore employment for persons who experience both a mental illness and substance use disorders. The session will identify the differences between substance abuse and dependency and discuss the impact of alcohol and drugs on psychosocial functioning. Strategies for working with individuals with co-occurring disorders who are seeking employment will be reviewed.

Time: 10:00 am—4:00 pm

September 22, 2009                      West Windsor: Mercer County Library

## Partial Care Round Tables

This is a series of round table discussions designed for Partial Care staff that provide pre-vocational services. The discussions will focus on the needs and challenges facing direct service partial care staff providing pre-vocational services. The sessions will be facilitated by UMDNJ faculty and will provide an opportunity for participants to offer support, suggestions, and share resources.

Time: 10:00 am—12:00 pm

October 21, 2009                      Absecon: Family Service Association

October 22, 2009                      Lawrenceville: Mercer County Library

**Registered participants will be notified in advance of any changes or cancellations via email or phone. Unless otherwise noted, lunch is on your own for all sessions.**

# Integrated Employment Institute 2009 Fall Training Series



## Fall 2009 Training Series Registration Form

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Job Title and Program: \_\_\_\_\_

[www.shrp.umdj.edu/smi](http://www.shrp.umdj.edu/smi)

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### ATTENDANCE POLICY:

**Training will begin promptly at stated time. Participants wishing to receive credit for a training must arrive on time and stay until training is completed.**

**Fax Completed Form to (908) 889-2432**

**OR Email to [richd1@umdj.edu](mailto:richd1@umdj.edu)**

**If you have questions, call**

**Debbie Rich 908-889-2430 or 800-593-2434**

Pull Out Form and Complete Both Sides

## Delivery of Employment Services

*Employment services for individuals living with psychiatric disabilities have long been recognized as a key recovery-oriented service. In this era of “system’s transformation” service providers are exploring strategies to integrate employment services into their programs. Trainings in this series are best suited for staff currently working to deliver employment services (e.g., PACT and Supported Employment programs) and/or other providers looking to increase employment outcomes for the individuals they serve in the community (e.g., residential programs).*

## Assessing & Developing Employment Readiness (Building Self-efficacy and Outcome Expectation)

Readiness is defined as interest in and willingness to engage in a process toward the accomplishment of a goal. This session will review the purpose of readiness assessment, identify and discuss the factors associated with readiness, present the Psychiatric Rehabilitation Readiness Determination Profile (PRRDP), a semi-structured interview tool to assess readiness, provide participants the opportunity to practice using the assessment tool, and explore strategies for developing and increasing readiness related to employment goals based on PRRDP assessment results.

*Time: 10:00am—5:00pm*

October 20, 2009

Mays Landing: Atlantic County Library

**NOTE: See information on the next page on a special follow-up session in December**

## Cognitive Behavioral Therapy (CBT) and Employment Services

Research continues to demonstrate the effectiveness of CBT interventions in addressing numerous clinical issues for individuals with psychiatric disabilities. This session will present an overview of the CBT model and explore strategies for using CBT to enhance employment services. It will focus on common strategies for using CBT to combat job seeker’s negative thinking patterns to enhance employment success.

*Time: 10:00 am—3:30 pm*

November 3, 2009

Atlantic City: Atlantic Cape Community College

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November 3, 2009 Atlantic City: Atlantic Cape Community College

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October 20, 2009 Mays Landing: Atlantic County Library

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Time: 10:00am—4:00pm

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